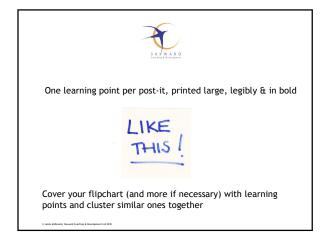
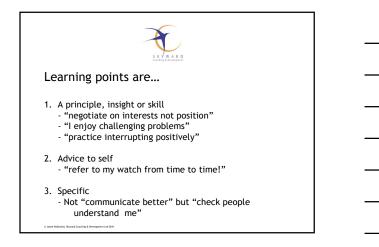




- Translating that learning into practical and compelling actions to help you:
 - Successfully complete your doctorate
 - Take your next steps from there



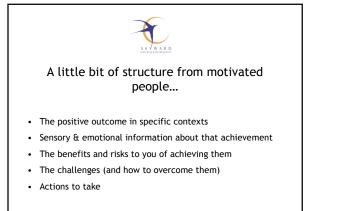






Select a learning point which, when implemented, will really contribute to...

• Successful completion of your DPhil





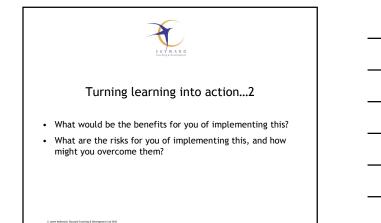
Turning learning into action...

- Get into pairs
- Use the learning point that contributes to your doctorate
- Answer the following questions...



Turning learning into action...1

- What do you want to do with that piece of learning -(say what you do want, not what you don't want!)
- How would you know if you were applying it really well? What would you be doing? What would you see, hear, feel?





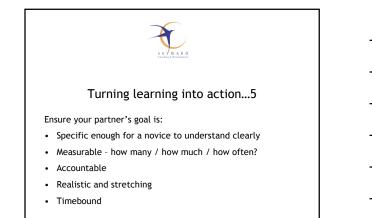
Turning learning into action...3

- To what extent do you have control over this? How could you get the control, resources or support you need?
- Give yourself a score of 1-10 of how likely you really are to do this. What needs to happen to make it even more likely?



Turning learning into action...4

- Specifically, what will you do to start implementing this?
- By when?
- How will your partner hold you accountable?





Turning learning into action...summary



- What do you want to achieve expressed positively and in what aspects of your life?
- How would you know if you were doing it really well? What would you be doing? What would you see, hear, feel?
- What are the benefits and risks how will you manage them?
- To what extent do you have control over this? How could you get the control, resources or support you need?
- What will you do, by when, and who will hold you accountable?