INTRODUCTORY READING FOR MEDICINE

This list of suggested reading is not an exhaustive one, nor is it a list of material you must read. There are countless good general texts, so do explore, and perhaps try a topic that is completely new to you and challenge yourself. As well as books, read the local and national press, browse for relevant podcasts, websites, lectures, events and museums/exhibitions in your local area. This is not a list of books you should rush out and buy:

- First and foremost, read what interests you the most. Each student should, from early on, begin to develop their own particular area of expertise.
- Second, consider what subjects or topics relevant to pre-clinical medicine you may not cover in your A-level studies (or equivalent).

GENERAL AND PREPARATORY
Kay, A. This is Going to Hurt: Secret Diaries of a Junior Doctor. Picador, 2018.
Yong, E. I Contain Multitudes: the Microbes Within Us and a Grander View of Life. Vintage, 2017

You could also consider reading some of the Medicine and Health-related volumes in Oxford University Press’ Very Short Introductions series:
ONLINE RESOURCES

Start by looking for websites providing information on topics you might be interested in, or read the science sections of newspapers. There are plenty of useful resources out there so do explore.

Here is a list of websites offering podcasts and videos relevant to medical sciences:

*Oxford Podcasts*

iTunesU > Oxford University > Medical Sciences or [http://podcasts.ox.ac.uk/](http://podcasts.ox.ac.uk/)

*BBC Science*

Radio 4 Science & Nature podcasts


Horizon (BBC archive)